



RICK SNYDER
GOVERNOR

STATE OF MICHIGAN
DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS
BUREAU OF HEALTH CARE SERVICES

STEVE ARWOOD
DIRECTOR

**Advisory Committee on Pain and Symptom Management (ACPSM)
Meeting Minutes**

November 1, 2013

CALL TO ORDER

Carole H. Engle, Chairperson, called the meeting to order at 9:40 a.m.

ROLL CALL

Members in attendance:

Lisa Ashley, MSW
Daniel Berland, MD
Ronald H. Bradley, DO
Dennis Dobritt, DO
Carole H. Engle, Chair
Lisa Gigliotti, JD
Paul E. Hilliard, MD
John Jerome, PhD
Jeanne Lewandowski, MD
Robert Noiva, MD
Steven Roskos, MD
Claire Saadeh, Pharm.D, BCOP
Karel Schram, PA
April Hazard Vallerand, PhD, RN

Appointed by/Representing:

Governor Appointee – represents the Michigan hospice association
Michigan Board of Medicine – pain specialist
Governor Appointee – represents Central Michigan University College of Medicine
Michigan Board of Osteopathic Medicine & Surgery – pain specialist
Represents the Michigan Department of Licensing and Regulatory Affairs
Governor Appointee – represents a person diagnosed with chronic pain
Governor Appointee - University of Michigan Medical School
Michigan Board of Psychology
Michigan Board of Medicine – primary care
Governor Appointee - Oakland University William Beaumont School of Medicine
Governor Appointee - Michigan State University/College of Human Medicine
Michigan Board of Pharmacy
Michigan Task Force on Physician's Assistants
Michigan Board of Nursing

Members absent:

Lawrence Ashman, DDS
Jody Kohn, MSW
Todd E. Lininger, MD
William Morrone, DO
Lawrence Prokop, DO
Michigan Board of Dentistry
Governor Appointee – represents the general public
Governor Appointee - Wayne State University School of Medicine
Michigan Board of Osteopathic Medicine & Surgery – Primary Care
Governor Appointee - Michigan State University College of Osteopathic Medicine

Visitors in attendance:

Rami Khoury, MD	Michigan College of Emergency Physicians
Nancy Reppke	BCBSM
Don Gentner	BCBSM
Carolyn Harden	Governor Snyder's Office
Nancy Short	Governor Snyder's Office
Steve Kline	LARA/Communications Office
Nirva Civilus	LARA/Communications Office
Jeannie Vogel	LARA/Communications Office
Debbie Webster	State of Michigan Cancer Prevention and Control Program
Jean Smeets	PMG

Department staff in attendance:

Susan Affholter
Steve Creamer
Deb Ingraham

Welcome –Carole H. Engle, ACPSM Chair and Director, LARA Bureau of Health Care Services:

Carole Engle called the meeting to order. Deb Ingraham took the roll call. Engle then welcomed the new and continuing members, who introduced themselves.

A packet of 2013 information was handed out to all members and staff. The packet included the following: 1) May 3, 2013 meeting minutes; 2) Meeting agenda; 3) ACPSM recommendations for 2012-2013; 4) ACPSM list of members; 5) Michigan College of Emergency Physicians Opioid Prescribing Recommendations; 6) ACPSM Professional Education Subcommittee CE/CME draft recommendations; 7) ACPSM Health Consumer Education Sub-Committee Report and Motions to be considered

AGENDA

MOTION by Roskos and seconded by Saadeh, to approve the agenda presented.

MOTION PREVAILED

APPROVAL OF MINUTES

MOTION by Roskos and seconded by Bradley, to approve the minutes with the following corrections: Seven Roskos, MD, and Claire Saadeh, PharmD, BCOP were not present at the May 3, 2013 meeting. The Professional Education Subcommittee Report was given by John Jerome, PhD. The last sentence of paragraph 2, page 5 was

stricken. The Pre-professional Student Education Subcommittee Report was given by Jeanne Lewandowski, MD.

MOTION PREVAILED

Engle then gave a Bureau of Health Care Services (BHCS) update. Among the updates, Engle explained that two large bureaus had been re-organized into one bureau. The BHCS contains the ACPSM, Medical Marihuana Review Panel, HPRP and the MAPS programs. Engle noted that the number of health professionals is up in the state and so are the corresponding number of allegations and investigations. She explained that the Medical Marihuana Review Panel did not have the appropriate makeup pursuant to the law so it was disbanded and reformed in April.

Engle discussed proposed senate bill 660, which would allow for pharmacy grade marihuana if the federal government changes marihuana from a Schedule I to a Schedule II controlled substance.

FY 2012 – FY2013 Activities – Steve Creamer

Creamer reviewed actions taken to accomplish the ACPSM FY 2012 through FY 2013 recommendations. He identified all of the accomplishments in FY 2012 and FY 2013 and indicated how each accomplishment addressed one or more of the committee's FY12/FY13 recommendations. Among the major accomplishments include continued distribution of pain management resources for physicians and other licensed health providers, and administering a physician survey and a public survey to assess pain management knowledge, attitudes, and practices in both physicians and health consumers. The bureau also developed and implemented a PSA campaign for the public, completed work on the Model Core Curricula for medical schools, and developed a pain management tool kit for both health care professionals and the public. Pain management education was also presented at both biannual Joint Provider and Surveyor Training (JPST) events.

Creamer reported that in lieu of our annual Pain and Palliative Care Assembly, the bureau co-sponsored a conference with Boston University (Scope of Pain Training), which was very well received. LARA also helps to sponsor several major pain-related conferences. LARA also sponsored an inter-professional education project with committee member Claire Saadeh. Creamer noted that we sponsored a Medicaid academic detailing project as well. Susan Affholter, who provides staffing support to the ACPSM and its subcommittees, continues to do presentations and exhibits, perform stakeholder work and provide technical assistance, and annually provide information on activities of the ACPSM to licensing boards.

ACPSM Subcommittee Reports

Professional Education Subcommittee Report
Reporter: Claire Saadeh, Pharm D, BCOP

Saadeh gave a brief overview of the role that the ACPSM has regarding the promotion of professional education. The Professional Education Subcommittee identifies actions that can be taken to address the need for the continuing education of health professionals around pain and symptom management issues.

Saadeh then introduced Rami Khoury from the Michigan College of Emergency Physicians (MCEP). Dr. Khoury has asked for input on MPEC's draft recommendations for prescribing pain medications in emergency departments (ED) in Michigan. In advance of this meeting of the whole committee, the Professional Education Subcommittee and HCIT staff met with Dr. Khoury by phone and provided input on the MCEP recommendations. The proposed recommendations distributed at this ACPSM meeting have incorporated that input. Dr. Khoury and MCEP CEO, Ms. Diane Bollman, worked closely with other emergency physicians on these recommendations, which are designed for emergency clinicians and emergency department patients and describe how to handle the prescribing of pain medications in the ED setting. The Professional Education Subcommittee asked the committee to endorse the documents put together by Dr. Khoury (which include recommendations for the clinicians and a patient poster). A discussion ensued concerning the purpose of the document, its content, and the intent of the subcommittee.

MOTION by Roskos and seconded by Jerome that the committee approve the document and endorse the recommendations as written.

MOTION PREVAILED

Saadeh inquired whether the endorsement would include that of LARA as well. Engle responded that she would take the recommendation to the director of LARA. A discussion of the LARA endorsement took place.

MOTION by Berland and seconded by Saadeh to take the recommendation to LARA's Director. A friendly amendment was added by Saadeh to put the recommendation on the pain management web site.

MOTION FAILED.

It was noted that although the MCEP recommendations are generally supported by the ACPSM, the recommendations should be revised to address some of the concerns raised at the meeting, such as expanding the outreach of the recommendations to include urgent care and other ambulatory care settings, not just the emergency department setting.

MOTION by Gigliotti and seconded by Bradley that at the next Professional Education Subcommittee meeting the MCEP recommendations will be discussed and the subcommittee will decide whether or not to adopt and refine any of these

recommendations as ones that the ACPSM can own. These proposed revisions would be forwarded to LARA.

MOTION PREVAILED

A suggestion was made by Berland that notification of the next Professional Education Subcommittee be sent to all ACPSM members. If members wish to be part of this discussion they can participate with the subcommittee in adopting and refining the recommendations.

Dobritt informed the ACPSM of activities of the Michigan licensing boards to develop guidelines on the proper use of controlled substances. The boards provided the medical societies with this information and got some input from them on these draft guidelines.

Saadeh reported that the Boston University Scope of Pain Training was well attended and well done. Saadeh, Lewandowski, Morrone, and Mike Wissel were on the panel at the training. Jerome also participated. Committee members expressed support of our sponsorship of this training and were glad they participated. Saadeh stated that the subcommittee hopes to continue to work with Boston University and to take the program to other parts of the state. Saadeh and Schram also took the train-the-trainer segment of the training. Lewandowski noted that the title "Scope of Pain" may be misleading, as the training did not cover the whole scope of pain or treatment, just mainly opioid prescribing.

Saadeh next reported on Continuing Education (CE) recommendations. She noted that the boards of Medicine, Osteopathic Medicine and Surgery, and Podiatry are opening up their administrative rules in FY 2014 and will be looking at CE recommendations. She stated that 16 boards have CE requirements for pain and symptom management education. The handout of the chart that shows the Professional Education Subcommittee's recommendations regarding CEs was discussed. The chart indicates the subcommittee's recommendation regarding the minimum number of pain and symptom management CE hours required of each licensee, and content that the pain and symptom management CE should contain (drawn from the committee's model pain curriculum outline).

MOTION by Schram, seconded by Bradley to follow this document and make it available to the licensing boards to provide them with guidance on required CE hours and appropriate content for pain and symptom management.

MOTION PREVAILED

Saadeh then discussed the subcommittee's desire to have a Speaker's Bureau, which would be a list of experts on pain and symptom management that could be put on the PM website on the ACPSM section, as well as the professional and health consumer

portion of the website. It can also be added as a resource to the Pain Management Tool Kits.

Saadeh reported that the Pain Toolkit for Health Care Professionals was completed and posted to the Pain and Symptom Management website. The subcommittee would still like to see LARA support the tool kit by funding a poster and/or a brochure that could be printed and distributed at conferences such as the BU Scope of Pain training. Engle indicated her support for considering the development of this resource.

Saadeh reported on the Interprofessional Education Project that the Advisory Committee sponsored and Saadeh spearheaded. It represented collaboration between MSU and Ferris State and involved academics and preceptors. The focus was on building interdisciplinary teams and at the first session used palliative care as an example of an interdisciplinary approach. It was a certificate program, and was endorsed by the Michigan Health Council and is receiving an award from MHC for this training.

Saadeh stated that a number of professional education activities on pain have been held, and asked other ACPSM members to report on some of these efforts. Berland reported on his comprehensive pain trainings. Schram reported on her presentation at MAFP. Vallerand reported on the recent *Conference on Pain*, which was sold out. It was recognized that there has been a recent increase in the number of trainings on pain management.

Health Consumer Education Subcommittee Report **Reporter: Lisa Gigliotti**

Gigliotti cited the statutory role of the ACPSM was to report on the state of Pain in Michigan and make recommendations to the Directors of LARA and MDCH on the state of pain in Michigan. She suggested creating an expanded 2014 annual report, which would involve all committee members. She suggested tying the announcement of the report to the 2014 September Pain Awareness Month campaign. Engle suggested that such a report was a worthy goal, but the report would have to be written by the committee. Susan Affholter would be available for general consultation and referral to resources. A discussion of the report recommendation took place.

MOTION by Gigliotti, seconded by Lewandowski to issue an ACPSM 2014 report on the state of pain in Michigan by September 2014 that will be developed by members of the ACPSM; the report will include recommendations to LARA and DCH Directors as, statutorily required.

MOTION PREVAILED

A discussion about getting this done before the May meeting ensued. Gigliotti said she would send an email to the entire group about how to break up the work after the holidays. Engle suggested that this first report did not have to be all encompassing.

MOTION by Gigliotti, seconded by Hilliard to have the substance of the report and recommendations completed for voting at the May meeting, with recognition that there may be minor editorial modifications.

MOTION PREVAILED

Gigliotti then discussed modifying the website including modifying the current public education pain toolkit which includes listings of health care professionals and other resources by county, a list of self-management tools, evidence based, non-pharmacologic treatments, and condition-specific listings with links.

MOTION by Gigliotti, seconded by Ashley to review and revamp the State of Michigan Pain Management website, including the ACPSM section, to respond to the needs of consumers with significant pain and the needs of providers seeking best practices. Also, continue to track the traffic on the pain website, and work to increase the number of monthly visitors to website areas of high interest. The goal of website improvements is to accomplish these by September 2014.

MOTION PREVAILED

Gigliotti next stated that the subcommittee would support a PSA campaign in FY14 that utilizes Facebook and Twitter. She proposed that we utilize a Facebook account and a Twitter account for ACPSM with a goal of 100 Facebook likes and re-tweets by September 2014.

MOTION by Gigliotti, seconded by Ashley to promote a PSA campaign using Facebook and Twitter accounts by September 2014. Discussion noted that the Department already has both Facebook and Twitter accounts which can be used without having to create new ones.

MOTION WITHDRAWN

MOTION by Gigliotti, seconded by Lewandowski to promote a PSA campaign using Facebook and Twitter accounts, and to have five social media pain messages on the current LARA social media sites between now and the end of September 2014.

MOTION PREVAILED

Gigliotti stated that the last goal of the subcommittee was to develop and distribute a multi-formatted Michigan-specific brochure. She stated that we need to make sure the information is accessible and that links work. A discussion about the importance of having measurable recommendations took place.

MOTION by Gigliotti, seconded by Lewandowski to create five condition-specific brochures that provide information detailing the varying types of pain, medical information, and self-treatment options; and to promote the brochure's availability.

MOTION PREVAILED

Discussion followed, with general agreement that this goal be targeted for completion in 2015.

Pre-professional Student Education Subcommittee Report
Reporter: Steve Roskos, M.D.

Roskos reported on the ACPSM history related to the pain curriculum recommendation, which dates back to the early formation of the committee. The ACPSM began work on the model pain curriculum recommendation in fall 2010. The subcommittee used the 1998 curriculum from the *International Association for the Study of Pain* as a model. The committee later incorporated an updated IASP model pain curriculum for physicians into the final ACPSM model. The May 2011 Michigan Medical School Summit included curriculum leaders from six of the seven medical schools in the state. The curriculum was finished in November 2012. In April 2013, the *Model Core Curriculum on Pain Management for Michigan Medical Schools* was sent out to the deans of curriculum for all seven State medical schools. After the mailing, meetings took place with the curriculum leaders at six of the seven medical schools.

The first meeting was with Oakland University William Beaumont (OUWB). Noiva stated that OUWB was adopting the curriculum and was very comfortable with it. The second meeting was with the Chair of Curriculum at MSU College of Human Medicine. They were enthusiastic about the model, and promised to bring it to their next curriculum committee meeting, as they currently are considering revisions to their medical school curriculum.

The third meeting was with University of Michigan. Berland and Ashman attended this meeting and Berland reported that the Associate Dean stated that the undergraduate program was going through a major curriculum revision, and the pain model core curriculum could be considered in this process.

The fourth meeting was with Western Michigan University. Roskos met with David Overton, who was very enthusiastic. The fifth meeting was with Central Michigan University. Roskos met with Sean Kesterson, who was also enthusiastic.

Roskos indicated that meetings still needed to be scheduled at MSU College of Osteopathic Medicine and Wayne State University. Roskos noted that WSU was involved with an LCME self-study and was too busy at that time to discuss the curriculum. Roskos also met with the Michigan Health and Hospital Association to discuss how to make inroads with residency education.

The subcommittee would like to further consider how it can evaluate the impact of the curriculum. Roskos stated that this model pain curriculum was developed by a multidisciplinary committee for medical school, but that it can be readily adapted to other health professions. He noted the Department is going to send it to 69 other health professional schools in Michigan.

Noiva suggested using MedEd Portal to distribute the curriculum. MedEd Portal is a medical education resource of the Association of American Medical Colleges (AAMC).

Closing Discussion/Public Comment:

Engle stated that the meeting dates for 2014 are Friday May 9, 2014 and Friday November 7, 2014.

Travel Reimbursement

Ingraham noted that if anyone wanted to claim travel reimbursement they should contact her.

Public Comment

There was no public comment.

Adjourn – Carole H. Engle:

Engle adjourned the meeting at 12:29 p.m.

Carole H. Engle, Chairperson

Date Minutes Approved

Deborha Ingraham, Board Secretary

11/8/2013
Date Minutes Prepared